



Good Seamanship

**Step
by
Step**
10 of 10

1. TO KNOW/LEARN

- ☐ How to swim, row and paddle
- ☐ How to wear the life jacket and give first aid
- ☐ How to drive/sail your boat
- ☐ How to move in the boat and how to balance it
- ☐ How to make the basic knots, even in the dark
- ☐ How to take care and use the ropes
- ☐ How to moor and anchor securely and safely
- ☐ How to use the charts, compass and other navigation equipment and how to navigate
- ☐ The marine traffic rules and navigation marks
- ☐ Acknowledge your impact to the marine wildlife and environment

2. BEFORE THE SAILING TRIP

- ☐ Ensure the boat is seaworthy for the planned trip
- ☐ Ensure the crew is proper and sufficiently trained for the trip
- ☐ Check the fresh water supply
- ☐ Plan and buy the food supplies
- ☐ Check the engine and fuel supply
- ☐ Empty septic waste tank
- ☐ Check that you have all the needed charts and equipment for navigation

- ☐ Ensure you have life saving equipment for the whole crew
- ☐ Check you have first aid supplies and medicine
- ☐ Check the fire fighting equipment
- ☐ Secure all loose items properly

3. AT THE SEA

- ☐ Always wear life jackets
- ☐ Follow the weather
- ☐ Follow the marine traffic rules
- ☐ Be aware of your location and water depth at all times
- ☐ Be prepared to assist other boaters in need

4. WHEN ARRIVING TO PORT

- ☐ Lower your speed so that you are not disturbing or harming others
- ☐ When under sail, lower the sails well before entering the port and use engine to approach
- ☐ Prepare enough fenders for mooring
- ☐ Assist arriving boats with berth selection and mooring, there is always room for another boat